



We're here to help

CatholicCare Wollongong is offering free counselling and Community Connect meetings to support people in bushfire affected areas.

We have boosted phone support staff and specialised trauma counsellors to meet the needs of people impacted by bushfires in the Shoalhaven, Southern Highlands and Macarthur.

We have trained trauma counsellors providing free face-to-face and phone counselling. We will also be hosting Community Connect morning teas to provide a safe place to debrief in a supportive environment with trained staff who can help navigate a way forward. Please contact our client services staff to register your interest.

To talk to a CatholicCare trauma counsellor or register for a Community Connect meeting, please phone 02 42 549 395 (lines are open Monday to Friday 9am – 5pm) or email intakeservices@catholiccare.dow.org.au.

